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NON-NEGOTIABLES
EVERY PG NEEDS
ON HER CALENDAR

Mini Workbook



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PLANNING IS A
MINDSET + A LIFESTYLE












The purpose planner's prayer:

DEAR GOD,

THERE IS SO MUCH ON MY PLATE TO
GET DONE TODAY. I'M GRATEFUL YOU'VE
CHOSEN ME TO DO IT BUT, I DON'T
HAVE STRENGTH TO LIFT A FINGER.
PLEASE FILL ME NOW WITH THE KIND OF
STRENGTH AND FOCUS THAT ONLY
COMES FROM YOU.

AMEN

NON-NEGOTIABLES TO KEEP ON YOUR RADAR

-  BIRTHDAYS
-  ANNIVERSARIES
-  DATE NIGHTS
-  PERSONAL TIME WITH GOD
-  RECCURING + MANDATORY EXPENSES
-  HEALTH / MEDICAL
-  SELF CARE DAYS
-  VACATIONS
-  EVENTS
-  KID'S SCHOOL CALENDAR DATES
-  CHURCH / RELIGIOUS OBSERVATIONS

ADD YOUR OWN NON-NEGOTIABLES:

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SCALE DOWN + FOCUS + EXECUTE

EXAMPLE:

GOAL

Spend more
time with my
family

SCALE DOWN

Spend more
time with Janae

FOCUS

Check in with
Janae over
breakfast

 GOAL #1:

GOAL

SCALE DOWN

FOCUS

5 BIBLE-BASED DECLARATIONS TO SPEAK OVER YOUR PLANS

PROVERBS 16:3

I commit to the Lord whatever I do, and he will establish my plans.

JEREMIAH 29:11

For God know the plans He has for me, declares the Lord, plans to prosper me and not to harm me, plans to give me hope and a future.

PSALM 20:4

May God give me the desire of my heart and make all my plans succeed.

PSALM 143:8

Let the morning bring me word of your unfailing love, for I have put my trust in you. Show me the way I should go, for to you I entrust my life.

PROVERBS 16:9

I am making plans, but Lord establish my steps.

FINAL THOUGHTS



As you execute your new purpose driven plans and strategies, here are some nuggets for the road.

Shed the guilt trap of saying, "No." A no to man is a yes to God.

Make peace with disappointing others. As you become a better steward of your time, those who's success depended on it will be disappointed. Practice loving and graceful ways to redirect their demands.

Time management is both biblical and a spiritual practice. Utilizing the gift of administration is just as Spirit-filled as any of the other glamorized spiritual gifts.

May God grant you the grace to be a **finisher** and may He break every historical and generational pattern of quitting, sabotaging and throwing in the towel, in Jesus name!



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#PRAYPLANSLAY